

# STRUCTURE-BASED DAMAGE HYPERELASTIC CONSTITUTIVE MODELLING: APPLICATION TO TENDONS AND LIGAMENTS.

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Ligaments and tendons are connective tissues with a highly hierarchical structure, from collagen fibres, to fibrils and fascicles. Recent constitutive models have been developed with all parameters describing the structure of the tissue [1], with the advantage that they can be measured directly rather than being phenomenologically-derived. This is an ideal framework to model damage as its onset and propagation can be associated to change in the structure directly. In this preliminary study, models of a ligament and a tendon with fibre bundles failing progressively but not otherwise changing the structure were developed with a damage variable associated to the decrease of collagen volume fraction in the tissue.

A human anterior cruciate ligament, with fascicles forming a helix with its longitudinal axis, and a human patellar tendon, with fascicles co-aligned with its longitudinal axis, were modelled as circular cylinders using FeBio, and submitted to longitudinal uniaxial tension. The tissue elastic behaviour was modelled with a structure-based law [1], using a coupled hyperelastic model. Verification of the user-defined constitutive law was performed by replicating tests with analytical solutions [1]. Damage was accounted for using a continuum damage framework, with one damage variable having an effect on the collagen volume fraction. Damage was assumed to be linearly increasing from 0 to 1 between a stretch threshold,  $\lambda_d$ , and a failure stretch,  $\lambda_f$ .

For all verification tests, the relative difference between the Finite Element predicted stress and the analytical solution converged below 0.2% as the stretch increased. Larger error (below 1%) were found at very low stretch values as boundary conditions effects increased the difference between a coupled (almost incompressible) formulation, used in the FE model, and an uncoupled (incompressible) formulation, used in the analytical solution.

Varying  $\lambda_d$  from its lowest value (the stretch in the fascicle direction required to tauten initially crimped fibres,  $\lambda^*$ ) and  $\lambda_f$  (chosen at  $10\lambda^*$ ) showed the model has potential to investigate damage mechanisms in ligaments and tendons.

This preliminary work studied the potential to use a structural constitutive model to describe occurrence and propagation of structural damage in an *in silico* model of hierarchical connective tissues such as tendon and ligaments. The initial results show using such a framework allows to clearly differentiate between different values of damage threshold for tissue with co-aligned or helical fascicles.

## REFERENCES

[1] Shearer, T. 2015. A new strain energy function for modelling ligaments and tendons whose fascicles have a helical arrangement of fibrils. *J. Biomech.* 48, 3017–3025